Upcoming Events

June 3, 2020 | Spark: Live WEBINAR - Mobilizing to virtual care: Experience of SickKids Chronic Pain Clinic

Chronic pain affects one in five Canadian children and youth and can negatively impact all aspects of quality of life. The Chronic Pain Program at the Hospital for Sick Children (SickKids) in Toronto is the largest pediatric pain program in Canada. This webinar, moderated by Dr. Fiona Campbell, is to share new practices in virtual pediatric chronic pain care, including practice implications and impact on both patients and caregivers and healthcare providers. Panelists include Lisa D’Alessandro, Dr. Danielle Ruskin, and Sara Klein.
Spotlights

Media Spotlight: Check out this article in Today’s Parent on chronic pain in kids

SKIP’s co-director Dr. Christine Chambers, SickKids Hub co-Lead, Dr. Fiona Campbell and Patient Partner, Isabel Jordan were featured in the article: "Chronic pain in kids is more common than you think." Through an integration of lived experience and research describes the problem of chronic pain in childhood, how to know if your child is experiencing pain, and what you can do to help make it better.

Read the full article here.

Patient Partner Spotlight: Delane Linkiewich

Delane Linkiewich recently partnered with SKIP on our April 8th webinar co-hosted with Children’s Healthcare Canada, “COVID-19, Its Impact on Kids in Pain and their Families”. Delane sits on both the Patient Engagement Committee of the Chronic Pain Network and the Steering Committee for the
Alberta Pain Research Network. She earned her BA in Psychology from the University of Alberta and will be starting her Masters in the Clinical Child and Adolescent Psychology Program at the University of Guelph in September 2020. She plans to research the use of peer support interventions for children and adolescents living with chronic pain. Delane has been living with chronic pain for the past 12 years and is a passionate advocate for people living with pain. "It was such a wonderful experience to be a co-speaker in the webinar that was co-hosted by Children’s Healthcare Canada and SKIP. I was seen as a collaborator and not just someone who is living with chronic pain. Providing me with the opportunity to speak to the patient experience shows SKIP’s dedication to including the patient voice, which is not only important but needed to improve children’s pain management in Canada."

Watch the webinar here.

Partner Spotlight: iMD Health

Earlier this year, SKIP launched our partnership with iMD, a digital resource for physicians and healthcare professionals to educate patients. The iMD Health Patient Engagement Platform is currently used by over 10,000 Canadian healthcare practitioners and institutions to engage and empower their patients in their
health care. Organizing over 70,000 patient-friendly images, booklets, infographics, and videos into an easy-to-use interface, iMD enables the delivery of efficient and effective patient education programs both at the point of care and beyond. iMD is excited to support SKIP in their mission of informing patients and arming healthcare professionals with the right information to improve treatment outcomes.

Healthcare professionals can register for a free iMD account today as well as see how SKIP and iMD are collaborating.

**Researcher Spotlight: Dr. Margot Latimer**

Dr. Latimer was recently awarded the CIHR Nursing Chair to advance Indigenous Community Health objectives. Dr. Latimer is a member of the IWK Health Centre’s Centre for Pediatric Pain Research. Dr. Latimer co-leads the Aboriginal Children’s Hurt and Healing Initiative (ACHH). "As nurses we learn to listen to, watch for and respond to what patients’ need. As researchers we do the same. Nurses are natural researchers constantly looking for solutions to manage patients’ needs and, in my case, Indigenous children’s pain. In order to reach the solutions, we need to listen and understand what pain actually is from an Indigenous child’s perspective. In the context of the ACHH being a SKIP Champion means partnering with Indigenous People and amplifying that listening to be able to identify those strengths-based solutions respectful of Indigenous knowledge, then advocating for them to be heard."

Learn more here.

**Recent Events**

**World Immunization Week and National Immunization Awareness Week 2020**
SKIP celebrated World Immunization Week (April 24-30, 2020) and National Immunization Awareness Week (April 25-May 2, 2020) by sharing tools and resources on effective strategies for managing pain and distress during vaccinations. #VaccinesWork #NIAW2020

Dr. Katie Birnie wrote an article "Fear of Needles: 5 simple ways to ease vaccination pain for your child (and yourself)" for The Conversation Canada.

Dr. Anna Taddio and Dr. Meghan McMurtry hosted an Ask Me Anything (AMA) on The Rounds. They shared valuable resources and tips with >2200 healthcare providers on how to make immunizations more comfortable for children. We’re sharing the highlights with everyone here!

We’re also looking for topics for our next AMA sessions. So, if you're a registered HCP join the SKIP Community on The Rounds and post your suggestion!

In Case You Missed It

Canadian Pain Task Force Online Resources

The Canadian Pain Task Force has an online list of resources to help Canadians in pain as part of their care plan during COVID-19. This list is updated with resources as they become available.

Check it out here.

Pain Prevention Through the Lived Experience Lens: A webinar presented by the International Association for the Study of Pain

SKIP's Patient Engagement Coordinator, Katherine Dib, joined speakers from around the world to discuss the prevention of pain from the point of view of those with lived
experience.

Watch the recording here.

Canadian Pain Task Force Online Consultation

The Canadian Pain Task Force is leading a national consultation to better understand and address the needs of the millions of Canadians who live with pain. They are inviting you to share your ideas and experience to outline the elements of an improved approach to pain in Canada.

This consultation will be open online until May 29, 2020.

Participate here.

Opportunities

Understanding the Impact of COVID-19 on Young People with Chronic Pain and their Families
SKIP is partnering with a group of researchers and healthcare providers from across Canada, led by Dr. Jennifer Stinson (SKIP SickKids Hub co-lead) to document the impact of the COVID-19 pandemic on young people with chronic pain, their families, and healthcare providers, in Canada.

Please complete this survey if you live in Canada, are either aged 8-18 and living with chronic pain; or you are the parent or a sibling of a young person living with chronic pain.

Learn more here.

Reading List

Managing patients with chronic pain during the COVID-19 outbreak: considerations for the rapid introduction of remotely supported (eHealth) pain management services

This article helps guide healthcare professionals caring for patients with chronic pain during COVID-19 and provides guidance for those attempting to rapidly transition to remote care with technology and discuss the lessons for the future of the pain treatment centre.

Read more here.

In The News

SKIP's Stollery Children's Hospital Hub Lead, Dr. Samina Ali, is a part of a team
of researchers aiming to find out whether AI-enhanced robots can ease pain for kids in hospital.

Read more here.

Do you have something you'd like to see featured in an upcoming issue of In The Loop? Email us here.

Visit our Website!

Share this on:

Solutions for Kids in Pain Dalhousie University Halifax NS B3H 4R2 CA
Unsubscribe | Manage preferences